

Collaborative Divorce and Your Children

What is Collaborative Divorce?

[Collaborative divorce](#) is a resolution-focused alternative to more traditional divorce methods. In a collaborative divorce situation, divorcing couples seek to mediate a fair and equitable division of marital assets with as little involvement of the court as possible. It seeks to emphasize the collaborative nature of the marriage partnership in order to set aside differences and work toward an agreement that honors both partners wishes. It emphasizes privacy and the maintenance of a healthy family dynamic. It gives more control to you as a couple to create an agreement suitable for your unique situation.

Benefits of Collaborative Divorce for Children

Divorce is difficult for the two people who are choosing to go separate ways, but for any children who may have been the product of the marriage, it can be even more stressful. As they struggle to understand complex adult dynamics that are affecting their lives so dramatically, it is important to keep their needs in the forefront. Children may become despondent or stressed at the thought of having to take sides or choose between parents as a divorce progresses.

If a divorce is something that is imminent between you and your spouse, you might want to consider a collaborative divorce that may spare your children unnecessary heartache and confusion . It can be a welcome alternative for everyone in the family, as you work together to maintain a healthy dynamic even as you deal with difficult circumstances.